

Code	SOUPS	Price	Qty
MC819	Chicken & Vegetable ^{GF DF}	3.50	
MC818	Beef & Vegetable ^{GF DF}	3.50	
MC855	Potato & Leek ^{GF DF}	3.50	
MC820	Pea & Ham ^{GF DF}	3.50	
MC822	Creamy Pumpkin ^{V GF}	3.50	
MAIN MEALS			
Veal			
FS41	Veal Parmigiana ^{GF}	7.00	
FS40	Vienna Schnitzel ^{DF}	7.00	
Beef			
CB-05	Meatballs in Tomato Sauce NEW	7.00	
CB-06	Curried Mince & Rice NEW	7.00	
FS46	Rissole & Onion Gravy	7.00	
FS45	Steak & Kidney Pie ^{LS}	7.00	
FS42	Beef & Bacon Casserole ^{LS GF}	7.00	
FF05	Roast Beef & Gravy ^{LS GF}	7.00	
FS43	Beef Cottage Pie & Vegetables NEW	7.00	
FF06	Beef Ravioli NEW	7.00	
MC808	Corned Silverside	7.20	
MC810	Beef Sausages & Onion Gravy	7.20	
NC78	Beef Sweet and Sour Meatballs	6.60	
NC72	Meat Pie & Vegetables	6.60	
NC29	Meat Loaf, Vegetables & Gravy	6.60	
NC70	Curried Sausages & Rice ^{GF}	6.60	
Chicken			
CB12	Chicken Mushroom Pasta	7.00	
FS60	Chicken & Vegetable Pie ^{LS}	7.00	
FS59	Curry Chicken & Rice NEW	7.00	
FS61	Roast Chicken & Gravy ^{GF LS}	7.00	
FS56	Chicken Parmigiana	7.00	
FS57	Chicken Honey Soy & Fried Rice ^{DF}	7.00	
FF15	Lemon Chicken & Mashed Potato ^{GF}	7.00	
FF16	Chicken Chow Mein	7.00	
MC815	Butter Chicken	7.40	
MC827	Chicken Schnitzel & Mashed Potato	7.40	
NCD08	Chicken Breast Supreme NEW	8.50	
NC84	Chicken Apricot ^{GF DF LS}	6.60	

Code	Lamb	Price	Qty
CB09	Lambs Fry & Bacon ^{DF}	7.00	
FF04	Lamb Moussaka ^{DF} NEW	7.00	
FS49	Lamb Chop & Gravy ^{DF}	8.00	
FS50	Lamb Pattie & Gravy NEW	7.00	
FS48	Roast Lamb & Gravy ^{GF LS}	8.00	
FF07	Mild Lamb Curry ^{GF, DF}	7.00	
MC804	Shepherd's Pie ^{GF}	7.40	
NC76	Hearty Lamb Casserole ^{GF LS}	6.60	
NCD04	Slow Cooked Lamb Shanks	8.50	
Pork			
FF13	Quiche Lorraine	7.00	
FS53	Ham & Cheese Omelette NEW	7.00	
FS55	Pork & Apple Casserole ^{GF}	7.00	
MC803	BBQ Pulled Pork	8.50	
MC829	Sweet & Sour Pork With Rice ^{GF DF}	7.40	
NC92	Pepper Pork & Potato ^{GF}	6.60	
NC80	Pork Roast with Apple Sauce ^{GF}	6.60	
Seafood			
CB02	Grilled Fish & Vegetables ^{LS}	7.00	
FF04	Tempura Battered Fish ^{LS} NEW	7.00	
FS38	Fish cake with Parsley sauce ^{LS} NEW	7.00	
FS39	Curried Prawns ^{GF}	7.00	
NC65	Tuna Bake & Vegetables ^{LS}	6.60	
NC62	Crumbed Fish With Tartare Sauce	6.60	
NCD02	Fisherman's Basket & Chips ^{DF}	8.50	
NCD03	Atlantic Salmon with Bearnaise Sauce	8.50	
Vegetarian			
FS67	Macaroni Cheese & Vegetables	7.00	
FS68	Creamy Pasta Bake	7.00	
FF19	Spinach Pie & Vegetables	7.00	
MC828	Indian Curry with Spiced Eggplant ^{GF}	7.00	
MC811	Vegetable Lasagne & Vegetables	6.50	
NC98	Zucchini Slice NEW	6.60	
NC100	Creamy Pumpkin Curry ^{GF}	6.60	
NC96	Spinach Crepe with Ricotta ^{GF}	6.60	

Code	Menu	Price	Qty
MINI MEALS			
FS30	Chicken Wing in BBQ Sauce ^{GF}	5.30	
FS21	Beef Cottage Pie ^{GF}	5.30	
FS26	Roast Lamb & Gravy ^{GF LS}	5.30	
FS75	Singapore Noodle Stir Fry NEW	5.30	
FS19	Crumbed Fish & Chips	5.30	
MC805	Steak & Kidney Pie	4.90	
MC806	Curried Prawns	4.90	
MC814	Chicken Fried Rice	3.20	
NC17	Hawaiian Pizza	5.10	
NC44	Roast Chicken & Gravy ^{GF}	5.10	
NC29	Meat Pie with Mash Potato	5.10	
NC24	Garlic Prawns with Rice ^{GF} NEW	5.10	
NC34	Sweet & Sour Meatballs	5.10	
NC41	Roast Beef & Gravy NEW	5.10	
NC30	Savoury Mince ^{GF LS}	5.10	
NC26	Corned Beef & White Sauce ^{GF}	5.10	
NC27	Beef Curried Sausages & Rice ^{GF}	5.10	
NC35	Roast Pork, Apple Sauce & Gravy ^{GF}	5.10	
NC36	Sweet & Sour Pork ^{GF}	5.10	
NC40	Chicken & Asparagus Bake	5.10	
NC21	Salmon Mornay with Potato ^{GF}	5.10	
CUT UP MEALS			
NCB09	Roast Lamb & Gravy ^{GF}	6.60	
NCB10	Roast Pork & Gravy ^{GF}	6.60	
NCB07	Roast Beef & Gravy ^{GF}	6.60	
NCB08	Roast Chicken & Gravy ^{GF}	6.60	
PUREED MEALS			
NCP08	Chicken and Gravy ^{GF}	6.60	
NCP09	Lamb & Gravy ^{GF}	6.60	
NCP10	Roast Pork & Gravy ^{GF}	6.60	

Code	Menu	Price	Qty
DESSERTS			
FS14	Apple Pie & Cream	3.60	
FS15	Apricot Pie & Cream	3.60	
FS16	Tropical Pavlova ^{GF LS}	3.30	
FS92	Tiramisu NEW	2.75	
FS12	Bread & Butter Pudding	2.75	
FS06	Vanilla Slice NEW	2.75	
FS05	Carrot Cake NEW	2.75	
MC801	Sherry Custard Trifle	3.20	
MC817	Boston Apple & Cinnamon Cake	3.20	
MC816	Chocolate Bavarian Cream pie	3.20	
MC833	Lemon Cheese Cake	3.20	
MC899	Stewed Rhubarb	3.20	
NC16	Caramel Slice	2.60	
NC11	Pineapple Cake & Custard	2.60	
NC08	Cherry Crumble ^{LS}	2.60	
NCD10	Lemon Meringue Pie	4.50	
NC13	Sticky Date Pudding	2.60	
BREAKFAST			
MC813	Ham & Cheese Croissant	3.20	
NC59	Pancakes with Maple Syrup	5.00	
NC18	Bacon & Eggs ^{GF} NEW	5.00	
NC60	Big Brekkie ^{GF}	6.30	
MISCELLANEOUS			
M7	Cheese Only	0.65	
ML7	Cheese & Biscuits	0.75	
ML8	Orange Juice Popper	0.80	
ML8	Orange & Mango Popper	0.80	
ML8	Paradise Punch Popper	0.80	
ML8	Apple Juice Popper	0.80	
	The Nimble	12.00	

Note: ^{GF} Gluten Free ^V Vegetarian ^{LS} Low Salt ^{DF} Dairy Free



3 ways you can place an order:

- 1) Return this order form to your Delivery Person
- 2) Phone the office on 4932 5755
- 3) Email the office on meals@mccs.org.au