



Social Support

– Neighbour Aid

4932 5566

For bookings, cancellations or changes

Shopping Services

Our shopping services are designed to help you to continue to play a part in normal activities such as shopping.

- If you are able to shop by yourself, our Shopping Bus can take you and return you. Phone the office for information and the timetable.
- If you need someone to go with you to help push the trolley or get the groceries from the shelf, we can arrange for a volunteer to do this.
- If you are housebound and need someone to shop for you, we can send someone to collect your shopping list, shop for you and if you need help packing groceries away, they can do that as well.
- Shopping services are generally fortnightly unless your circumstances require a weekly service.

Cost: Assisted shopping service cost \$10.

Social Visiting

- If you are housebound and would like someone to call on a regular basis to check on your needs, a volunteer can visit for up to 2 hours.
- This service is for those with limited or no social support or contact.
- All clients and volunteers are individually matched to take into consideration such things as gender, age and interests.
- You will be introduced to the volunteer before the service takes place to ensure that both parties are comfortable with each other.
- Volunteers can assist with sorting mail, writing cards or letters or posting mail.

Cost: No charge for social visiting

Home Handyman Help

This service is designed to assist with small tasks that you would normally have been able to do but circumstances prevent you from doing them, like:

- changing batteries in clocks or smoke detectors;
- changing lightbulbs;
- fixing your broken letter box;
- changing tap washers etc.

We are also able to help with one off cleanups of garden and yard areas that have become overgrown and unsafe.

NOTE: We DO NOT mow lawns or provide regular ongoing yard or garden maintenance services.

If we are unable to help, we may be able to assist you in finding the appropriate person to help.

Cost: Home Handyman tasks cost \$10 per service + cost of any materials required eg. Batteries, locks etc

Assisted Transport

- If you require transport and assistance to several destinations for shopping, business or appointments, a volunteer can accompany you.
- There are limits on the number of destinations and time taken for this service.

Cost: Dependent on the number of destinations and distance.

- *Minimum cost \$10*
- *Maximum cost \$20*

Group Social Activities

We provide a range of group social activities designed to keep people active and encourage social connections.

- Weekly bus trips
- Weekly or fortnightly lunch clubs
- Special group activities eg. Movies, theatre etc
- Games mornings
- Small group activities
- Men's group

Some limits exist on some activities.

If you are interested in group activities, you can register to receive a Calendar of Events.

*Cost: Costs for Bus Trips are identified in Social Outings Calendar
Costs for small group activities are dependent on destinations
Clients will be informed of costs at time of booking*

Please Note:

- All Social Support services are provided by generous and caring volunteers.

- Our volunteers undergo training before providing you with services.
- All volunteers will wear identification badges to ensure your safety.

Please discuss costs with staff as some costs are negotiable.